

# CONNECTION



## Calendar



### NEXT MEETING

Sept 13, 2010

6:00 pm

Marie Callenders

### 2010 MEETING & EVENTS SCHEDULE

Business Meetings are held at Marie Callenders  
Serramonte Shopping Center

- September 13..... Business Meeting
- September 18..... Day in the Park
- September 19 Friendship Day Henry Cowell Pk
- September 27 ..... Board Meeting
- October 11 ..... Business Meeting
- October 23 ..... Districts I & II Meeting
- November 2 ..... Election Day
- November 8 ..... Business Meeting
- December 13..... Holiday Dinner
- March 11, 2011..... Step Into Spring
- March 19, 2011..... Expanding Your Horizons

Board meetings are the 4<sup>th</sup> Monday of the month.

### DID YOU PAY YOUR ANNUAL DUES?

\$85

Check out our new Website:

[www.soroptimistnorthsanmateocounty.org](http://www.soroptimistnorthsanmateocounty.org)

## **PRESIDENT'S MESSAGE**

*Dee Anne Paron*

The other morning I awoke to a beautiful sunrise. The birds were chirping as they feasted on the bird seeds in the two feeders hanging on my wild cherry tree. My cat, Guido, awoke, meowed, and planted himself on the bed. I knew it was time to get up and face the day's blessings, challenges, and rewards.

Last month Kelly, Heather, Barbara, Dorothy, Loretta, Earsie and I attended the SIA 41st Biennial Convention in San Francisco. This was a rewarding experience to meet and interact with SIA sisters from throughout the United States, Canada, and the Philippines, etc. We were able to attend workshops on leadership, membership, fundraising, programs, human trafficking, etc. The SIA website is working on a summary of the event which will be published online shortly.

Our club is able to do so much because each member is asked to participate on committees. This was certainly evident with our June Awards and Installation dinner event. Pat O'Kane stepped up to the plate in arranging and executing the dinner event. Loretta Fornaciari presented a clever installation service utilizing spices as the theme. Thank you ladies for a job well done. **Cont.**



## July – Aug Birthdays

7/10.....Buenaflor Nicolas  
8/7 .....Sylvia Warnes  
8/11.....Jeannette Holt  
8/13 .....Gayle Pietras  
8/23.....Dorothy Buhagiar  
8/27.....Gabrielle Schroeder

## SSF CHAMBER OF COMMERCE CALENDAR OF EVENTS

November 4 .....Taste of SSF  
December 2 ..... Holiday's Mixer  
at SSF Women's Club  
December 9 .....Cash Loan Holiday Mixer

# 2010-11 Officers

President: Dee Anne Paron  
Vice President: Earsie Johnson  
Recording Secretary: Sylvia Payne  
Corresponding Sec: Sylvia Warnes  
Treasurer: Barbara Irl  
Director: Jo Zemke  
Director: Kelly Teglia

## SHARING A MEAL - WITH FRIENDS

It isn't just a coincidence that we accomplish a lot each month, while having dinner together. With that in mind, I sent out a request for favorite recipes. Our very own historian, Sylva Payne shared with me a cookbook from her Service Club collection. Guess what? This one was Soroptimist's Favorite Recipes Cookbook and it was compiled by Soroptimists International of North San Mateo County. There isn't a publication date but there is an introduction by Edna de Larios who was one of the club's charter members as well as a past president.

My brother loves éclairs, so I'll have to try Barbara Irl's **Mom's Chocolate Éclair Cake:**

2 pkgs. French vanilla instant pudding; 3 c. milk  
1 (8 oz.) Cool Whip; 1 box graham crackers  
Eclairs cake frosting

Mix milk well with pudding; whip until thick. Fold in Cool Whip. Butter 9"x13" pan. Line bottom of pan with crackers (do not crush). Pour ½ of pudding mixture on top of crackers, place another layer of crackers. Pour remaining pudding on this layer. Prepare frosting.

Frosting: 2 ox. Chocolate Squares; 2 tbsp. Karo syrup  
3 tbsp. butter; 3 tbsp. milk; 2 tsp. vanilla  
1 ½ c. sifted powdered sugar

Mix all together and heat in double boiler.

A "today" recipe was sent in by Deihleen Claffey who says "a friend of mine brought this to a party that I had and everyone loved it, including me".

**Carrot Appetizer** - This simple to make carrot appetizer is a light and unique dish to serve before a meal. It can also be used as a main salad. Cilantro gives it its refreshing, clean taste while the pungent Feta adds the right amount of tang for balance. The beauty of this appetizer is that it can be made a day or two ahead. The taste becomes even richer when the flavors are allowed to mix at least a few hours before serving. **SERVES 4-6; Difficulty: Easy. Ingredients:** 2 - 10 oz. bags of shredded carrots ; 2 oz. crumbled Feta cheese 2 oz. chopped black olives ; 2 Tblsp. Italian parsley; 2 minced garlic cloves; 1/4 cup olive oil; 2 Tblsp. lemon juice; 3/4 tsp. ground cumin; 2 Tblsp. Cilantro; 1 tsp. salt; pepper to taste. Shred the carrots using a kitchen mandoline if you are unable to find them bagged at the store. 2) Steam the carrots until they are lightly cooked through but still a little al dente, about 12 minutes. Let them cool to room temperature. 3) Stir the olive oil, lemon juice, parsley, cilantro, cumin and garlic in a small bowl until blended. 4) Add the salt to the cooled carrots and toss. Add the olive oil mixture and stir until the carrots are evenly coated. Add the olives and Feta and toss again. Add pepper to taste and correct seasoning if necessary. 5) Serve or store in frig in zip lock bag; bring to room temp. to serve.



# Out-Going 2009-2010 Officers

**President:** Kelly Teglia  
**Vice President:** Dee Anne Paron  
**Treasurer:** Jaye Fraser  
**Recording Secretary:** Margie Casagrande  
**Correspondence:** Earsie Johnson  
**Community Ambassador:** Frances Luster  
**Directors:** Gayle Pietras and Jo Zemke

Soroptimist International of  
North San Mateo County  
PO Box 5554  
South San Francisco, CA 94083  
[www.soroptimistnorthsanmateocounty.org](http://www.soroptimistnorthsanmateocounty.org)

Chartered 6/4/67

## Membership

Barbara Irli: 650.588.0661, or  
Margie Casagrande: 650-952-7931 (and send  
all roster updates to Margie)

## Newsletter Contributions

Cheryl Grantano-Rich:  
[cgrantano@gmail.com](mailto:cgrantano@gmail.com)

Improving the lives of women and  
girls, in local communities and  
throughout the world.

**President's Msg. Cont.:** If you haven't signed up for a committee, please see me for ideas. Your board met to begin the budgeting process. The club will be given the proposed budget via email and at the September and October business meetings. Your input and ideas are most welcome.

As we gear up for another year, may you always take time and make time for what is really important in your life and in the lives of others. My favorite poem is entitled "Take Time." Here it is for you to read.

President Dee Anne

### Take Time

Take time to think--It is the source of all power  
Take time to read--It is the foundation of all wisdom  
Take time to play--It is the source of perpetual youth  
Take time to be quiet--It is the opportunity to seek God  
Take time to be aware--It is the opportunity to help others  
Take time to love and be loved--It is God's greatest gift  
Take time to laugh--It is the music of the soul  
Take time to be friendly--It is the road to happiness



Convention Pix provided by Earsie (front and center with Dorothy Buhagiar, Barbara Irli and Soroptimist members from near and far.

Your editor apologizes for the lack of pix in this newsletter. Somewhere along the way, I've lost the ability to manipulate photos. It's back to school (digital) for me ....one of these days. Gayle sent me great pix from our awards dinner and Earsie sent me some from convention. I will work on it for next edition (in between my upcoming travels with Sylvia Payne to Washington, D.C. Meanwhile, please send ideas and articles. If you promised an article for this newsletter and it's not here – means I didn't get it (text I can still handle).